



**Midview  
Track & Field**  
*Dare to be Great*

**Varsity  
Coaching Staff**

Kevin Radigan  
HC Boys

Katie Salva  
HC Girls

Don Caramell

Carrie Carlson

Bill Lawton

Kathy Manning

Jeff Ondo

**Middle School  
Coaching Staff**

Kim Mullins

Greg Dickson

Kelly Groomes

Matt Joseph

## Midview Junior Trackletes Camp

**When:** Monday April 3 5:00-7:30pm

**Where:** Midview High School Ross Field or Kubuski Gymnasium

**Cost:** \$20 covering Midview Trackletes T-shirt

**Ages:** Grades 3-6

The Midview Track Program will be having its first annual Camp for Midview Junior Trackletes. The Midview Track program is designed to benefit athletes in all sports! Designed to introduce our youngest Middies to the events of track and field and allow them to learn from some of the best current and former Middies including:

*Assistant Coach, OHSAA Placer, & former Grand Valley Jumper*  
**Jeff Ondo**

*Assistant Coach, 3 time Midview Field Event MVP, and the most decorated Midview thrower of the last decade:*  
**Carrie Carlson**

*Midview Men's Current Record Holder in the 100m and 200m*

*The Women's 4x800 team that became the first to place at Districts in 15 years*

All campers will receive a t-shirt and will both learn and then compete in the following events:

50 Meter Dash

800 Meter Distance Run

Long Jump

High Jump

And throws technique with:

Softball Throw

&

Frisbee Throw

All Junior Trackletes and Parents will be invited to check out the Tuesday April 11, Varsity Senior Night meet against Lakewood and North Olmsted. WEAR YOUR SHIRT AND SUPPORT THE MIDDIES!

**Cost \$ 20.00 Pre-Register only by March 15\***

**Please send checks and forms payable to Midview Athletic Booster Atten:  
Don Caramell 38199 Capel Rd, Grafton, OH 44044**

Please fill out and return:

Junior Tracklete \_\_\_\_\_

Grade \_\_\_\_\_ School \_\_\_\_\_

Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ EC Phone Number \_\_\_\_\_

Home Phone \_\_\_\_\_ Shirt Size \_\_\_\_\_

\*Late registration costs \$25.00 does not include a t-shirt

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### Liability Waiver

Waiver for the Midview Junior Trackletes Camp Monday April 3, 2017  
I hereby desire that my child participating in the Midview Junior Trackletes Camp. By execution of this release, I acknowledge and agree that all requirements, directions, supervision, and standards set by the coaches and directors of this camp shall be established for the athletes benefit. I herby voluntarily assume all risk of accident or injury to my minor which may arise out of participation in this camp, including transportation to and from this camp, and therefore release Midview Schools, Midview Junior Trackletes Camp, Coaches, Clinicians, and all personnel associated with this program from liability that may result.

Athlete's Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Parent Printed Name \_\_\_\_\_ Signature \_\_\_\_\_

GO MIDDIES!

***Dare to be Great***